Food Resource Guide for Blue Hill Peninsula & Deer Isle/Stonington

Food Supplement Program (SNAP)
Helps income-qualifying individuals afford nutritious food. Apply at the Department of Health and Human Services (DHHS) office with paper application or online. Call DHHS for more information.

DHHS Office of Family Independence
17 Eastward Lane, Ellsworth
Hotline: 1-855-797-4357
Online: My Maine Connection
www.maine.gov/benefits/accounts

Senior FarmShare Program
Income-eligible Maine seniors can receive $50 worth of fresh produce from local farmers over 8 weeks in the growing season. Home deliveries are sometimes available. Must meet income qualifications. Apply with participating farmers. Information and list of farmers online at:
Get Real Maine • www.getrealmaine.com
For more information, contact Maine Senior FarmShare Program at 207-287-7526.

Women, Infants & Children (WIC) Program
Helps income-qualifying women who are pregnant, breast-feeding, or have had a baby in the last six months, and infants and children up to age 5. Fathers may apply for their children.

Apply at Ellsworth WIC office
248 State St., Ellsworth (behind Mill Mall)
667-5304 or 800-492-5550
Online: www.mainefamilyplanning.org

Federal Nutrition Programs

Castine — June–August
Tuesdays, 9–11:30 am
1 School Street - Town Commons

Blue Hill — May–September
Saturdays, 9–11:30 am
Blue Hill Fairgrounds

Brooklin — May–mid-October
Thursdays 11 am–1 pm
4 Bay Rd. – next to Brooklin Library

Brookville — May–September
Tuesdays, 9:30 am–12 pm
Community Center parking lot

Deer Isle Night Market — late May-late Nov.
Tuesdays, 4–6 pm
11 Main Street

Stonington — May–October
Fridays, 10 am–12 pm
Island Community Center

Farmers’ Markets
Healthy Peninsula’s own Magic Food bus delivers fresh local produce and summer reading material to stops in Blue Hill, Brooklin, Brooksville, Deer Isle, Penobscot, Sedgwick, Stonington, and Surry.

Contact: 374-3257 • info@healthypeninsula.org
www.healthypeninsula.org/healthyeating/

### Summer Meals for Kids

Summer Food Service Program (SFSP) offers free summer meals to children 18 and under

Contact Sheila Nevells at snevells@dishs.org
Breakfast and lunch served at Deer/Isle Stonington Elementary School and Island Community Center.
Bagged lunches available for pickup at Nichols Day Camp.

### Food Pantries

**BLUE HILL**
*Tree of Life Food Pantry*
23 South St., Blue Hill
Thursdays, 9 am–3 pm
Contact: 374-2900

**STONINGTON**
*Island Pantry*
6 Memorial Lane, Stonington
Thursdays 5:30–7 pm
Closed on the fifth week
Contact: 348-6181

### Community Meals

**The Simmering Pot**
First Congregational Church of Blue Hill, 22 Tenney Hill Road, Blue Hill
Mondays 2:30 to 6 pm • Contact: 374-2891

**Sedgwick North Baptist meals program** • 2nd & 4th Fridays
Contact: Community Compass Navigator Tammie Cox at 479-5397 or neighborhoodnavigatorseg@yahoo.com

### National hunger resources

- **USDA National Hunger Hotline:**
  - 1-866-3-HUNGRY (1-866-3-486473)
  - 1-877-8-HAMBRE (1-877-842-6273)
  - Hours: Mon-Fri, 8am-8pm EST

A wide range of services for families & elders.
LIHEAP heating assistance. 664-2424

### Find out about Maine social service resources

Dial 2-1-1 or 877-463-6207

For more information, please contact Healthy Peninsula
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