

# DEER ISLE

## ADULT EDUCATION CENTER

Located at 251 North Deer Isle Road in Deer Isle, (207) 348-6443

### Family Activities/Resources for Parents and Young Children Together

ACTIVITY	DATE	LOCATION	DESCRIPTION	Cost
<u>Parents Are Leaders Playgroup</u>	Mondays 9:30-11:30 a.m.  Except the third Monday of each month.	St. Brendan the Navigator Episcopal Church 627 NORTH DEER ISLE RD, DEER ISLE, ME	Led by Linda Shepard and Sue Bolton, this playgroup offers you and your young child(ren) a chance to participate in fun learning and music (Kindermusik) activities. Lessons are targeted for children from ages 0-3, but older pre-school children are welcome. You can stay on until 12:30 p.m. to chat with Linda to get parenting tips or advice/referrals/resources for any concerns you may have. <b>In collaboration with Community Compass and St. Brendan's</b>	Free
<u>Baby Rhyme Time</u>	Third Monday of each month 9:30 - 11:30 a.m.	Stonington Public Library	Join with Jill, Andersen, Vicki Zelnick and Linda Shepard as they lead this fun, interactive reading/play activity for your little ones. Take home materials and resources are available free after the activity. <b>In collaboration with the Stonington Public Library</b>	Free
<u>Kindermusik Group</u>	Tuesdays 9:30 - 10:30 a.m.	Stonington Public Library	Kindermusik is a fun, learning activity for young children through music and movement. Children experience music of varying types, interact with other children, and engage in movement, rhythm, and vocal activities that develop far more than just music skills. These activities boost your child's ability to learn and grow. <b>In collaboration with the Stonington Public Library</b>	Free
<u>Community Playgroup</u>	Thursdays 9:30 - 11:30 a.m.	Deer Isle Congregational church	Led by Anne Douglass, Susan Scott, Linda Shepard, and Sue Bolton, this playgroup offers you and your young child(ren) an opportunity to participate in fun learning and music (Kindermusik) activities. <b>In collaboration with the Deer Isle Congregational Church</b>	Free
<u>Family Resource Center</u>  <u>Linda Shepard</u>	Tuesdays 10:00 a.m. - 12:00 pm.	Family Resource Center Old Stonington School	Visit Linda's magical room full of age-appropriate teaching toys and baby/toddler equipment to see what is available for you and your child(ren). Take-home Kindermusik kits are available as well. This room works like a library; you borrow what you need and turn it in for different resources as your child grows.	Free
<u>Parenting Classes</u>  <u>Linda Shepard</u>	Wednesdays; Times individually Arranged	Individually Arranged	Contact Linda for individually arranged Parenting Classes. You can complete the Systematic Training for Effective Parenting Program, or get individual training from Linda for specific situations. Call Linda at 367-2770, or call 348-6443 to leave a message.	Free