

CHOICES THAT MATTER

... is a Blue Hill Peninsula region-wide campaign hosted by Healthy Peninsula in collaboration with a number of local organizations that is designed to bring community members together, encouraging each to give voice to their wishes about how they would like to be cared for at the end of their lives. From meaningful discussion will come informed choices that honor individual values and preferences.

The Choices that Matter Community Conversation Project provides a supportive framework of coordinated community education, engagement, and resources to improve decision-making for end-of-life care for the families on the Blue Hill Peninsula, Stonington, and Deer Isle. The goal of Choices that Matter is to destigmatize discussions around death throughout our communities, significantly increase the number of people with advance directives on record with their medical providers, and offer supportive facilitators, tools, and resources.

SUPPORT WE CAN OFFER

- Facilitators to help families with the conversation
- Facilitator training
- Choices That Matter: Healthcare Decisions for Difficult Times workshops
- Promotional stickers, information pamphlets, advance directive forms
- The Conversation Project tool kits
- Advisors to support community groups with their projects
- Downloadable information, templates, brochures, tool kits, short films
- Speakers from our group or affiliates



Advance care planning
for peace of mind

SPECIAL GROUPS WE CAN ENGAGE

- Hospital and clinic medical staff and employees
- Persons with chronic illness or life-threatening diseases
- LGBTQ population
- Persons with early-stage dementia or Alzheimer's disease
- Persons with chronic mental illness
- High school students

EVENTS WE CAN HELP ARRANGE — YOUR SUGGESTIONS WELCOME

- Showings of the film "Being Mortal" or other films, combined with panel discussions and Q&A
- Wine tastings and other creative events such as Death & Dessert that can enliven The Conversation
- Brown-bag lunch presentations and special Gold Luncheons for seniors
- Conversation Sabbaths for pastors and interested congregation members
- Speakers for broad-appeal events such as estate planning, health fairs, modern-day funerals and burials, and senior fairs
- Book and movie discussion groups
- Special Golden Luncheons for seniors
- Conversation letter writing (could go along with a film, drama, or "Being Mortal")
- Breakfast programs for hospital employees or other employee groups
- Helping Aging Loved Ones (HALO) program for employees caring for elderly parents

Want to get something started in YOUR community?

**For more information,
please call Healthy Peninsula at 374-3257
or email info@healthypeninsula.org**



Healthy
Peninsula



Like Choices
That Matter