

Nutrition Information

- ◆ **Women, Infants, and Children (WIC)**
Federal nutrition and education program
Downeast Health Services 667-5304
www.downeasthealth.org
- ◆ **Supplemental Nutrition Assistance Program (SNAP)**
Financial assistance for food
Dept Health and Human Services 667-1600
www.benefits.gov/benefits/benefit-details/1272
- ◆ **Tree of Life Food Pantry 374-2900**
Thursdays 9 am–3 pm
23 South Street, Blue Hill
- ◆ **St. Brendan's Episcopal Church**
Deer Isle 348-6240
Free meal usually 4th Monday each month
- ◆ **Stonington Island Pantry**
Thursdays 5:30–7:30 pm Closed 5th week
Island Community Center
- ◆ **The Simmering Pot - Free meals**
Blue Hill Congregational Church
Mondays 2:30–6 pm October–June
- ◆ **Blue Hill Farmers' Markets (takes SNAP)**
Saturdays 9–11:30 am
Blue Hill Fairgrounds mid May–mid Oct
and BH Congregational Church Aug–Oct
Weds 3–5 pm, Fridays 9:30–11:30 am
Winter Market at Mainescape Saturdays
- ◆ **Brooklin Farmer's Market**
Thursdays 3–5 pm
Near Library late May–Oct
- ◆ **Brooksville Farmer's Market**
Tuesdays 9:30–12 noon Community
Center mid June–Sept
- ◆ **Castine Farmer's Market**
Thursdays 9–11:30 am
Town Square June–Sept
- ◆ **Deer Isle Farmer's Market**
Wednesdays 9:30–11:30
Old Elementary School June–Sept
- ◆ **Stonington Farmer's Market**
Fridays 10 am–12 noon
Island Community Center late May–Oct

FOR ALL EMERGENCIES

DIAL 911

FIRE-AMBULANCE-POLICE

- ◆ Hancock County Sheriff's Department
667-7575 (non-emergency)
- ◆ Blue Hill Memorial Hospital 374-3400
Emergency Room 374-3400
- ◆ Eastern Maine Medical Center
Emergency Room 973-8000
- ◆ Poison Control 1-800-222-1222
1-800-442-6503 (non-emergency)
- ◆ Mental Health Crisis Hotline
1-888-568-1112
- ◆ Sexual Assault Hotline
1-800-871-7741
- ◆ Domestic Violence Hotline/Next Step
667-4606 Ellsworth Office
1-800-315-5579 (24 hr hotline)
- ◆ Spruce Run
1-800-863-9909 (24 hr hotline)
For deaf/hard of hearing TTY:
1-800-437-1220
emergency shelter, transitional
housing, support to victims of partner
violence
- ◆ Child Abuse & Neglect Reporting
1-800-452-1999

Healthy Peninsula's fiscal agent is the
Washington Hancock Community Agency
(WHCA) a 501(c)(3) organization

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HEALTHY PENINSULA EARLY CHILDHOOD RESOURCE GUIDE



Phone (207) 374-3257
www.healthypeninsula.org

Healthy Peninsula
mobilizes, supports, and
collaborates with community
partners to improve the
health of the towns of the
Blue Hill Peninsula,
Deer Isle, and Stonington



CHILD CARE and PRESCHOOL INFORMATION

- ◆ **Department of Education Approved Public Preschool Programs** (4 year olds)
www.maine.gov/education/fouryearold/currentprog.html
- ◆ **Child and Family Opportunities, Inc.**
207-667-2995 or **1-800-834-4378**
www.childandfamilyopp.org
CFO offers **Head Start** programing at the **Deer Isle/Stonington Elementary School** and in **Ellsworth**. Call for information on openings and eligibility.

CHILD CARE & PRESCHOOL PROGRAMS

- ◆ **The Bay School** Blue Hill **374-2187**
bayschool.org
Parent-Child Program 18 mos–3 yrs old
Multi-age Kindergarten
- ◆ **Blue Hill YMCA** **374-2248**
- ◆ **HearthStone Preschool/Early Childhood**
Sedgwick **359-8406**
Waldorf early childhood program for 2–5 yrs
- ◆ **Island Childcare** Stonington **367-5887**
Infants, Toddlers, Preschool
- ◆ **Just for Kids** Stonington **367-5849**
Toddlers, Preschool
- ◆ **Muddee Hands** Deer Isle **348-6728**
After school, snow day, vacation child care
- ◆ **New Beginnings Learning Center**
Blue Hill **374-521**
Infants, day care, preschool, after school
- ◆ **Skip to My Lou Day Care**
Penobscot **326-9414**

PUBLIC PRESCHOOL PROGRAMS

- ◆ **Blue Hill Consolidated School** **374-2202**
- ◆ **Brooklin Elementary School** **359-2133**
- ◆ **Brooksville Elementary School** **326-8500**
- ◆ **Castine Elementary School** **326-8608**
- ◆ **Penobscot Community School** **326-9421**
- ◆ **Surry Elementary School** **667-9358**

CHILD CARE INFORMATION

- ◆ **Office of Child and Family Services**
1-877-680-5866
www.maine.gov/dhhs/ocfs/ec/occhs/infoparents.htm
Information on types of child care, voucher program, licensing, and links to other sites
- ◆ **Bay Community Register**
(available at Penobscot Bay Press Offices)
List of local town resources for families

INFANT AND CHILD CARE SERVICES

- ◆ **Maine Families Hancock County**
667-5304 (x-225)
Home visitors provide information on infant development and support for families with newborns
- ◆ **Catholic Charities**
775-5671 www.ccmaine.org/get-help
Short-term therapy in-home or office, children's case management, therapeutic foster care
- ◆ **Child Development Services (CDS)**
Office for Hancock County **667-7108**
Referral Line **1-877-770-8883**
www.maine.gov/education/speced/cds/sites/hanck.html
Provides both Early Intervention (birth - two years) and Free Special Education (ages three - five years) under the supervision of the Maine Department of Education
- ◆ **Special Children's Friends** **667-2430**
Blue Hill Classroom **809-9310**
www.specialchildrensfriends.org
Community-based playgroups for children with developmental delays, nursery school programs, individual developmental therapy for children birth through five years, case management

FAMILY SUPPORT RESOURCES

- ◆ **Washington Hancock Comm Agency**
WHCA Ellsworth **664-2424**
Transportation, housing, heating help
- ◆ **Department of Health & Human Services**
Mainecare & General Assistance
1-800-442-6003 www.maine.gov/dhhs
- ◆ **Department of Labor-Career Center**
Helpline **1-888-457-8883**

MENTAL HEALTH SERVICES

All organizations provide case management and coordination of care services.

- ◆ **AMHC 667-7640** www.amhc.org/
Community and home-based mental health and substance abuse services
- ◆ **Community Health and Counseling**
667-2061 www.chcs-me.org/
Office-based care and in-home therapy services, 24/7 mobile crisis services
- ◆ **Families United**
667-3239 www.familiesunited-fyi.org/
Intensive home-based mental health services

PRIMARY CARE and REPRODUCTIVE CARE

- ◆ **Blue Hill Memorial Hospital** **374-3400**
bhmh.org/
Primary health care for people of all ages and reproductive health services through these affiliated practices:

Blue Hill Family Medicine	374-2311
Castine Family Medicine	326-4348
Island Family Medicine	367-2311
BH Women's Health Care	374-3940
- ◆ **Coastal Family Medicine** Blue Hill **374-5007**
- ◆ **Ellsworth Family Planning & Primary Care**
812-7030

DENTAL CARE

- ◆ **Blue Hill Family Dentistry** **374-5398**
- ◆ **Blue Hill Peninsula Dental** **374-5538**
- ◆ **Caring Hands of ME Dental** **667-6789**
- ◆ **Island Family Dental** **367-2631**
- ◆ **Maine Coast Community Dental** **667-0293**

Call your local Health Care Provider for questions or concerns about your child's development and for recommendations and referrals for other services your family may need.